



October 6, 2017

Message from the Secretary

It's that time of year again. From October 15th to December 7th, all persons with Medicare can change their Medicare health plans and prescription drug coverage for the upcoming year. Pennsylvania's 2.5 million Medicare beneficiaries can consider what plan will best meet their needs, as things like cost (e.g., new premiums or deductibles), coverage, and provider and pharmacy networks can vary from year-to-year. For some, it's a confusing process, but the Department of Aging, through its APPRISE Program, can help Medicare beneficiaries and their caregivers navigate enrollment and help them make the best choice regarding their health care coverage.

In Pennsylvania, the APPRISE Program serves as the State Health Insurance Assistance Program or SHIP. Its mission is to strengthen the capability of grantees to support a community-based, grassroots network of local SHIP offices that assist beneficiaries with their Medicare-related questions. Through the Department of Aging's network of 52 local Area Agencies on Aging, that cover the commonwealth's 67 counties, beneficiaries have access to a trained APPRISE counselor in every county.

APPRISE counselors are specially trained staff and volunteers who can answer questions about Medicare and provide objective, easy-to-understand information about Medicare, Medicare Supplemental Insurance, Medicaid, and Long-Term Care Insurance. They present and distribute information to groups and individuals to inform them on Medicare benefits, coverage rules, written notices and forms, appeal rights and procedures, and more. They also provide free, in-depth, one-on-one insurance counseling and assistance to Medicare beneficiaries, their families, friends, and caregivers.

Recognizing that Pennsylvania is a state with an abundance of Medicare beneficiaries, and with a desire to best support them to make good health decisions, while also lending support to local APPRISE program volunteer recruitment efforts, the Department launched a statewide volunteer recruitment campaign that featured a 30 second radio spot. The advertisement appealed to the public by asking if they enjoy meeting people, have a desire to make a difference in someone's life, and if they have a few extra hours a week to do something rewarding. Listeners who answered yes to those questions were encouraged to consider becoming an APPRISE counselor. The public heard the Department's appeal, and as a result we received nearly 200 calls. Of those calls, over 50 individuals have become trained APPRISE volunteers, with the potential of an additional 20 individuals who are currently going through the interview process.

Armed with over 700 trained counselors in the commonwealth, the APPRISE Program is ready to assist Medicare beneficiaries during this year's annual open enrollment period. As advocates for seniors, I encourage you to take time to remind the Medicare beneficiaries in your life about Medicare's Open Enrollment Period. If they need help, connect them to the [APPRISE Program](#) or find an [Open Enrollment event](#) in their community.

Teresa Osborne
Secretary

Personnel Update

Kathy Bennett is starting on 10/10/17 as the Administrator of the Bucks County Area Agency on Aging. Kathy can be contacted at 267-880-5711, kmbennett@buckscounty.org.

Rocco Claroni is starting on 10/10/17 as a temporary Aging Services Specialist in the Bureau of Aging Services. Rocco can be reached at 717-772-2932, rclaroni@pa.gov.

Kellie Kask is transferring on 10/13/17 from an Executive Assistant position in the Office of the Secretary to another state agency.

Donna Reinaker is retiring on 10/14/17 as the Executive Director of the Pennsylvania Council on Aging. She has been the Executive Director since June 2011. We thank Donna for her service and wish her all the best in retirement!

Education and Outreach Office

Health and Wellness Program

The Health and Wellness Program focuses on health promotion and disease prevention activities for older Pennsylvanians with a special focus on health risk screening, nutrition, chronic conditions, fall risk, exercise, and strengthening to prevent fall-related injury, monitoring behavioral health, and managing medications. Please see upcoming wellness workshops below:

Adams – Healthy Steps for Older Adults (fall risk screening & education)

Upper Adams Senior Center

2950 Table Rock Road

Biglerville, PA 17307

Dates: October 11, 2017 and October 18, 2017

Time: 9:30 a.m. – 11:30 a.m.

Please contact: Sharon Rice, Senior Center Manager – Upper Adams, at 717-677-6370

No charge for this class

Allegheny – Healthy Steps for Older Adults (fall risk screening & education)

Plum Senior Community Center

499 Center - New Texas Road Moser Road

Pittsburgh, PA 15239

Schedule: October 31, 2017

Time: 9:30 a.m. – 1:00 p.m.

Please contact: Valerie Miller, Info./Referral & Assistance Specialist at 412-795-2330 ex. 4701

No charge

Berks – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Friedens UCC Church

337 Main Street

Oley, PA 19547

Schedule: Wednesdays, October 4, 2017 – November 8, 2017

Time: 1:00 p.m. – 3:30 p.m.

Please contact: Martha Sitler, Vice President of Education, at 610-374-3195

No charge for this class

Berks – Chronic Disease Self-Management Program (education on living a healthier life)
Berkshire Commons
5485 Perkiomen Avenue
Reading, PA 19606
Dates: Mondays, October 16, 2017 - November 20, 2017
Time: 5:45 p.m. - 8:15 p.m.
Please contact: Martha Sitler, Vice President of Education, at 610-374-3195
No charge for this class

Bucks – Chronic Disease Self-Management Program (education on living a healthier life)
Central Bucks Senior Center
700 N. Shady Retreat Road
Doylestown, PA 18901
Dates: Wednesdays, October 11, 2017 - November 15, 2017
Time: 9:30 a.m. - 12:00 p.m.
Please contact: Central Bucks Senior Center, at 215-348-0565
No charge for this class

Chester – Chronic Disease Self-Management Program (education on living a healthier life)
Phoenixville Area Senior Center
153 Church Street
Phoenixville, PA 19460
Dates: Tuesdays, September 26, 2017 - October 31, 2017
Time: 10:30 p.m. - 1:30 p.m.
Please contact: Nicole Robinson, Program Manager, at 610-647-9172
No charge for this class
Website: www.phoenixvilleseniorcenter.org

Clearfield – Chronic Disease Self-Management Program (education on living a healthier life)
Graystone Court Villas
650 Leonard Street
Clearfield, PA 16830
Dates: Thursdays, September 7, 2017 - October 12, 2017
Time: 1:00 p.m. - 3:30 p.m.
Please contact: Heather Ressler at 814-768-7235
No charge for this class

Park Avenue Towers
420 Park Ave
Curwensville, PA 16833
Dates: Wednesdays, January 3, 2018 - February 7, 2018
Time: 9:30 a.m. - 12:00 p.m.
Please contact: Shelia Williams at 814-236-1526
No charge for this class

Clearfield – Healthy Steps in Motion (exercise classes for strength & balance)
Mahaffey Center for Active Living
958 Market Street
Mahaffey, PA 15757
Schedule: Mondays and Thursdays at 10:30 a.m.
All activities are posted at www.ccaaa.net

Coalport Center for Active Living
851 Rear Main Street
Glendale Medical Center Complex
Coalport, PA 16627
Schedule: Tuesdays and Thursdays 10:30 a.m. – 11:30 a.m.
All activities are posted at www.ccaaa.net

Clearfield Center for Active Living
116 South 2nd Street
Clearfield, PA 16830
Schedule: Thursdays 10:00 a.m.
All activities are posted at www.ccaaa.net

Clinton – Chronic Disease Self-Management Program (education on living a healthier life)

Mill Hall Center for Healthy Aging
9 Peale Avenue
Mill Hall, PA 17751
Dates: Mondays, October 2, 2017 – November 6, 2017
Time: 1:00 p.m. - 3:30 p.m.
Please contact: Marcella Englert, Health, Nutrition & Fitness Center Coordinator, at 570-726-6378
No charge for this class

Columbia – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Berwick Christian Church
701 East Fifth Street
Berwick, PA 18603
Schedule: Wednesdays, October 4, 2017 – November 8, 2017
Time: 6:00 p.m. – 8:30 p.m.
Please contact: Geisinger Health and Wellness at 866-415-7138
No charge for this class
Website: www.geisinger.org/events

Columbia – Chronic Disease Self-Management Program (education on living a healthier life)

Bloomsburg Senior Center
Sixth Street
Bloomsburg, PA 17815
Dates: Mondays, October 2, 2017 – November 13, 2017
Time: 9:00 a.m. - 11:30 a.m.
Please contact: Gretna Biever, Senior Center Manager, at 570-784-8615
No charge for this class

Delaware – Chronic Disease Self-Management Program (education on living a healthier life)

Plush Mills Senior Living
501 Plush Mills Road
Wallingford, PA 19086
Dates: Tuesdays, September 12, 2017 – October 17, 2017
Time: 10:30 a.m. - 1:30 p.m.
Please contact: Ellen Williams, Program Manager, Health and Wellness, at 610-499-1937
No charge for this class
Website: www.plushmills.com/

Delaware – Healthy Steps for Older Adults (fall risk screening & education)

Chester Senior Center

721 Hayes Street

Chester, PA 19013

Dates: October 17, 2017 and October 19, 2017

Time: 10:00 a.m. – 12:30 p.m.

Please contact: Jamee Nowell, Director Chester Senior Center, at 610-497-3550

No charge for this class

Delaware – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Faith Holy Temple Church- Chester Environmental Partnership

1005 W. 7th Street

Chester, PA 19013

Schedule: Mondays, November 6, 2017 – December 11, 2017

Time: 9:30 a.m. – 12:00 p.m.

Please contact: Ellen Williams, Health and Wellness Program Manager, at 610-499-1937

No charge for this class

Website: www.chesterenvironmentalpartnership.org

Lackawanna – Healthy Steps for Older Adults (fall risk screening & education)

Dunmoe Activity Hub

1414 Monroe Avenue

Dunmore, PA 18509

Dates: October 24, 2017 and October 31, 2017

Time: 10:00 a.m.

Please contact: Nancy Post, Health and Wellness Coordinator, at 570-347-5616

No charge for this class

Lackawanna – Chronic Disease Self-Management Program (education on living a healthier life)

Oppenheim Center for the Arts

1004 Jackson Street

Scranton, PA 18504

Dates: Tuesdays, September 12, 2017 - October 24, 2017

Time: 4:00 p.m. - 6:00 p.m.

Please contact: Nancy Post, Health and Wellness Coordinator, at 570-347-5616

No charge

Lancaster – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Lititz Senior Center (Lititz United Methodist Church)

201 East Market Street

Lititz, PA 17543

Schedule: Wednesdays, October 4, 2017 – November 8, 2017

Time: 9:00 a.m. – 11:30 p.m.

Please contact: Derek Bendetti, Health and Wellness Coordinator, at 717-299-8370

No charge

Lehigh – Healthy Steps in Motion (exercise classes for strength & balance)

Lehigh Valley Active Life

1633 Elm Street

Allentown, PA 18102

Schedule: Mondays and Wednesdays, September 18, 2017 – November 13, 2017
Time: 10:15 a.m. – 11:15 a.m.
Please contact: Lehigh Valley Active Life, at 610-437-3700
No charge for this class

Phoebe Apartments
1901 W. Linden St. 4th Floor Community Room
Allentown, PA 18104
Schedule: Mondays and Wednesdays, September 18, 2017 – November 13, 2017 (No class 10/9)
Time: 9:00 a.m. – 10:00 a.m.
Please contact: Monica Yastrzab-Kempf, RN Consultant, at 610-782-3618

Lehigh Valley Active Life
1633 Elm Street
Allentown, PA 18102
Dates: Thursdays, October 12, 2017 – November 2, 2017
Time: 9:30 a.m. – 11:30 a.m.
Please contact: Lehigh Valley Active Life, 610-437-3700
No charge for this class

Lehigh – 10-Keys™ to Healthy Aging (education on taking control of your health and Medicare Preventative Services)

Whitehall Lifestyle Center West Catasaqua Community Center
2301 Pine Street
Whitehall, PA 18052
Date: Wednesdays, September 13, 2017 – November 15, 2017
Time: 12:30 p.m. – 2:00 p.m.
Please contact: Lehigh Valley Active Life, 610-437-3700
No charge for this class

Lehigh Valley Active Life
1633 Elm Street
Allentown, PA 18102
Date: Mondays and Thursdays, October 12, 2017 – November 13, 2017
Time: 1:00 p.m. – 3:00 p.m.
Please contact: Lehigh Valley Active Life, 610-437-3700
No charge for this class

Luzerne – Chronic Pain Self-Management Program (education on living a healthier life with chronic pain)

Edwardsville Active Adult Center
57 Russell Street
Edwardsville, PA 18704
Schedule: Tuesdays, September 26, 2017 – October 31, 2017
Time: 10:30 a.m. - Noon
Please contact: Rachael Kiwak, Senior Center Director at 570-287-3381
No charge

Luzerne – Chronic Disease Self-Management Program Lay Leader Training and Diabetes Self-Management Program Lay Leader Cross-Training

BOSCOV'S

15 South Main Street

Wilkes-Barre, PA 18702

Dates: October 12, 13, 16, 18 and 19, 2017

Time: 8:00 a.m. - 4:00 p.m.

Please contact: Patti Goodenow, Senior Center Services Director, at 570-822-1158

Charge: This training is offered at no charge to those under the Pennsylvania Department of Aging Self-Management Resource Center license. Participants must be affiliated with an Area Agency on Aging as an employee, subcontractor, or AAA volunteer to be considered under PDA's SMRC license. All others under a different SMRC license must submit a copy of a current license and will be charged \$30 to cover costs of supplies for the training.

Participants are responsible for their own lodging, transportation, and meals.

Lycoming – Healthy Steps for Older Adults (fall risk screening & education)

James V. Brown Library

19 East Fourth Street

Willamsport, PA 17701

Dates: October 11, 2017 and October 25, 2017

Time: 1:00 p.m. – 3:00 p.m.

Please contact: James V. Brown Library at 570-326-0536

No charge for this class

Website: calendar@jvbrown.edu

Mifflin – Chronic Disease Self-Management Program (education on living a healthier life)

Juniata Valley YMCA

105 1st Avenue

Burnham, PA 17009

Dates: Mondays, October 2, 2017 – November 6, 2017

Time: 1:00 p.m. – 3:30 p.m.

Please contact: Randie Warner, Health & Wellness Coordinator at 717-242-0315, Ext. 127

No charge or this class

Montgomery – Chronic Disease Self-Management Program (education on living a healthier life)

The Becoming Center at Artman

250 North Bethlehem Pike

Ambler, PA 19002

Dates: Mondays, October 23, 2017 – November 27, 2017

Time: 1:00 p.m. – 3:30 p.m.

Please contact: Paula Klauger, Health & Wellness Coordinator at 215-872-3222

No charge or this class

Golden Age Manor

400 Walnut Street

Royersford, PA 19468

Dates: Wednesdays, October 4, 2017 – November 8, 2017

Time: 1:00 p.m. – 3:30 p.m.

Please contact: Tricia McCloy at 610-948-4909 Ext. 622

No charge or this class

Highland Manor Apartments
2 Highland Manor Drive
Schwenksville, PA 19473
Dates: Thursdays, October 12, 2017 – November 16, 2017
Time: 1:00 p.m. – 3:30 p.m.
Please contact: Jackie Geiger at 610-287-5051
No charge or this class

Montgomery – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Tri County Active Adult Center
288 Moser Road
Pottstown, PA 19464
Schedule: Fridays, September 15, 2017 – October 20, 2017
Time: 9:00 a.m. – 11:30 a.m.
Please contact: Sue McIntyre, Center Manager at 610-323-5009
No charge

Montgomery – Healthy Steps for Older Adults (fall risk screening & education)

Tri County Active Adult Center
288 Moser Road
Pottstown, PA 19464
Schedule: October 23, 2017 and October 25, 2017
Time: 10:00 a.m.
Please contact: Sue McIntyre, Assistant Executive Director
No charge

Northumberland – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Geisinger Shamokin Area Community Hospital
4200 Hospital Rd
Coal Township, PA 17866
Schedule: Wednesdays, November 1, 2017 – December 13, 2017
Time: 10:00 a.m. – 12:30 p.m.
Please contact: Geisinger Health and Wellness at 866-415-7138
No charge
Website: <https://events.geisinger.org/events.cfm>

Perry – Healthy Steps in Motion (exercise classes for strength & balance)

Marysville Senior Center
198 Leonard Street
Marysville, PA 17053
Schedule: Tuesdays and Thursdays September 12, 2017 – November 2, 2017
Time: 10:00 a.m. – 11:00 a.m.
Please contact: Allyson Valentine, Health and Wellness Coordinator at 717-582-5128
No charge

Philadelphia – Chronic Disease Self-Management Program (education on living a healthier life)

Center in the Park
5818 Germantown Avenue
Philadelphia, PA 19144
Dates: Tuesdays, September 19, 2017 – October 24, 2017

Time: 9:00 a.m. – 11:30 a.m.
Please contact: Fatima Jackson, Program Coordinator, at 215-848-7722
No charge for this class

Thomas Jefferson University Hospital Alumni Hall
10th and Locust Streets
Philadelphia, PA 19107
Dates: Thursdays, October 5, 12, 26 and November 2, 9, 30, 2017 (No Class October 19 or
November 16 & 23)
Time: 1:00 p.m. – 3:30 p.m.
Please contact: Neva White, Senior Health Educator, at 215-955-2397
No charge for this class

Germantown Apartments
127 Gorgas Lane
Philadelphia, PA 19119
Dates: Wednesdays, October 4, 2017 – November 8, 2017
Time: 2:30 p.m. – 5:00 p.m.
Please contact: Amanda Bracy, Service Coordinator, at 267-303-0162
No charge for this class.

Philadelphia – Chronic Pain Self-Management Program (education on living a healthier life with chronic pain)

Christ Haven Worship Center
6800 Lindbergh Avenue
Philadelphia, PA 19142
Schedule: Tuesdays, September 12, 2017 – October 17, 2017
Time: 10:30 a.m. – 1:00 p.m.
Please contact: Rosie Washington, Coordinator at 215-365-5966
No charge

Center in the Park
5818 Germantown Avenue
Philadelphia, PA 19144
Schedule: Fridays, October 13, 2017 – November 17, 2017
Time: 9:00 a.m. – 11:30 p.m.
Please contact: Fatima Jackson, Program Coordinator at 215-848-7722
No charge

Vine Memorial Baptist Church
5600 Girard Avenue
Philadelphia, PA 19131
Schedule: Thursdays, October 19, 2017 - November 9, 2017, Saturday, November 11, 2017
and Thursday, November 30, 2017 (No Class November 16, 23)
Time: 1:00 p.m. – 3:30 p.m.
Please contact: Evelyn Parker, Coordinator at 215-472-1189
No charge

Philadelphia – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

Mt. Zoin United Methodist Church
1530 North 11th Street

Philadelphia, PA 19122
Schedule: Saturdays, October 14, 2017 – November 18, 2017
Time: 1:00 p.m. – 3:30 p.m.
Please contact: Betty McCutheon, Coordinator at 215-684-1811
No charge

Calvary St. Augustine Episcopal Church
814 North 41st Street
Philadelphia, PA 19104
Schedule: Thursdays, October 2, 2017 – October 16, 2017
Time: 4:30 p.m. – 7:00 p.m.
Please contact: Sharon Congleton, Coordinator at 215-222-2070
No charge

Potter – Healthy Steps for Older Adults (fall risk screening & education)

Ulysses Senior Center
522 Main Street
Ulysses, PA 16948
Dates: October 25, 2017
Time: 8:30 a.m. – 2:00 p.m.
Please contact: Tanya Barshinger, Senior Center Operator I, at 814-848-9880
No charge for this class.

Schuylkill – Healthy Steps in Motion (exercise classes for strength & balance)

St. John's United Church of Christ
232 E. Market Street
Orwigsburg, PA 17961
Schedule: Tuesdays and Thursdays September 19, 2017 – October 12, 2017
Time: 10:00 a.m. – 11:00 a.m.
Please contact: Jenny Wagner, Community Wellness Coordinator, at 570-624-3017
No charge

Schuylkill – Chronic Disease Self-Management Program (education on living a healthier life)

Schuylkill Haven Senior Community Center
340 Haven Street
Schuylkill Haven, PA 17972
Dates: Wednesdays, September 6, 2017 – October 11, 2017
Time: 12:30 p.m. - 3:00 p.m.
Please contact: Jenny Wagner, Community Wellness Coordinator, at 570-624-3017
No charge for this class

Snyder – Healthy Steps for Older Adults (fall risk screening & education)

Regional Engagement Center
429 North 8th Street
Selinsgrove, PA 17870
Dates: October 23, 2017
Time: 9:00 a.m. – 12:30 p.m.
Please contact: Union-Snyder Agency on Aging, Inc., at 570-374-5558 or 570-524-2100
No charge for this class
Website: <http://selinsgroverec.com/>

Sullivan – Chronic Disease Self-Management Program (education on living a healthier life)
Sullivan Terrace - Community Room
135 N. German Street
Dushore, PA 18614
Dates: Thursdays, November 2, 2017 – December 14, 2017
Time: 9:00 a.m. - 11:30 a.m.
Please contact: Hollie Irvine, Health & Wellness Coordinator, at 1-800-982-4346
No charge for this class

Union – Chronic Disease Self-Management Program (education on living a healthier life)
Community Health & Wellness, Evangelical Professional Office Building
Suite 120 Conference Room, 3 Hospital Drive
Lewisburg, PA 17837
Dates: Thursdays, October 5, 2017 – November 9, 2017
Time: 9:00 a.m. - 11:30 a.m.
Please contact: Evangelical Community Health & Wellness, at 570-768-3200
No charge for this class
Website: www.evanhospital.com

Washington – Chronic Disease Self-Management Program (education on living a healthier life)
Mon Valley YMCA
101 Taylor Run Road
Monongahela, PA 15063
Dates: Tuesdays, September 19, 2017 – October 24, 2017
Time: 12:30 p.m. – 3:00 p.m.
Please contact: Patricia Mounts, Health & Wellness Coordinator at 724-228-7080
No charge for this class

Washington – Healthy Steps for Older Adults (fall risk screening & education)
Beth Center Senior Center
316 Station Street
Vestaburg, PA 15368
Dates: October 18, 2017
Time: 9:30 a.m. – 2:30 p.m.
Please contact: Patricia Mounts, Health & Wellness Coordinator at 724-228-7080
No charge for this class

Center in the Woods
130 Woodland Court
Brownsville, PA 15417
Dates: November 8, 2017
Time: 9:30 a.m. – 2:30 p.m.
Please contact: Patricia Mounts, Health & Wellness Coordinator at 724-228-7080
No charge for this class

Wayne – Chronic Disease Self-Management Program (education on living a healthier life)
Hawley Senior Center
337 Park Place
Hawley, PA 18428
Dates: Fridays, September 15, 2017 – October 20, 2017
Time: 1:00 a.m. - 3:30 p.m.
Please contact: Marie Alexander, Health & Wellness Coordinator at 570-253-4262

Wayne – Healthy Steps in Motion (exercise classes for strength & balance)

Honesdale Senior Center
323 10th Street
Honesdale, PA 18421

Dates: Wednesdays and Fridays, September 20, 2017 – November 8, 2017

Time: 10:30 p.m. – 11:30 p.m.

Please contact: Marie Alexander, Health & Wellness Coordinator at 570-253-4262

No charge for this class

York – Diabetes Self-Management Program (education on living a healthier life with Diabetes)

HealthSouth Rehabilitation Hospital
1850 Normandie Drive
York, PA 17408

Schedule: Thursdays, September 21, 2017 – October 26, 2017

Time: 6:00 p.m. – 8:30 p.m.

Please contact: Megan Craley, Health & Wellness Coordinator, at 717-771-9610

No charge

St. John the Baptist Catholic Church

315 N. Constitution Avenue
New Freedom, PA 17349

Schedule: Tuesdays, October 3, 2017 – November 7, 2017

Time: 1:00 p.m. – 3:30 p.m.

Please contact: Megan Craley, Health & Wellness Coordinator, at 717-771-9610

No charge

York – Chronic Disease Self-Management Program (education on living a healthier life)

Windy Hill On the Campus
1472 Roths Church Road
Spring Grove, PA 17362

Dates: Wednesdays, November 1, 2017 – December 6, 2017

Time: 9:30 a.m. - 12:00 p.m.

Please contact: Windy Hill On the Campus at 717-225-0733

No charge for this class

PA Link to Aging and Disability Resources

Mercer County

Event: Understanding Hoarding Behaviors and Developing Hoarding Task Forces

Description: This training is an introduction to the Mental Health diagnosis of hoarding. It uses real-life examples of the struggles as well as the treatment options for people living with this disorder. Open to professionals and community members. CEU's available for Case Managers and PCH Administrators.

Location: Grove City College, Carnegie Alumni Hall, 260 S. Broad Street, Grove City, PA 16127

Date: Monday, October 30th

Time: 9:30AM – 3:00PM

Contact: Brittany Buzzelli, Lead LINK Coordinator

Email: bbuzzell@co.butler.pa.us

Phone: 724-282-3008

Registration Deadline: Wednesday, October 11, 2017

Westmoreland County**Event:** Caregivers Event**Description:** This training will provide resources to caregivers. Speakers will focus on POA, Guardianship and Rep-Payee concerns as well as Stress coping mechanisms and Navigating Systems. It is open to professional and private caregivers of all ages. It is FREE and includes lunch. Sponsored by PA Link, WCAAA, From the Heart and SDHP.**Location:** The Westmoreland Manor, 2480 S. Grande Blvd. Greensburg, PA**Time:** 9am-1pm**Date:** Thursday, November 9, 2017**Contact:** Email - palinkcoordinator5@gmail.com

Phone - (724) 237-1242

Registration Deadline: Nov. 1, leave a message to register.**Lehigh/Northampton Counties****Event:** Understanding and Enforcing Landlord Tenant and Fair Housing Law**Description:** North Penn Legal Services is holding a workshop to understand and enforce landlord, tenant and fair housing law.**Location:** Fowler Family Southside Center, 511 E. Third Street, Bethlehem, PA**Date:** October 18, 2017**Time:** 9:00 a.m. to 12:00 noon**Contact:** Email – kimberlymelusky@lehighcounty.org

Phone – 610-782-3096

Registration: Registration is required, email kimberlymelusky@lehighcounty.org.**Northumberland County****Event:** River Valley Senior Providers Group Meeting**Description:** Join PA Link to meet other like-minded professionals from a seven – county area who are working to help local seniors and individuals with disabilities. This month's meeting will be held at Northumberland County Area Agency on Aging. Guest Speaker will be APPRISE Coordinator Jessica Cohick. She will discuss the Extra Help and Medicare Savings Programs that can help low-income individuals with prescription drug costs. There is no cost to attend and anyone is welcome.**Location:** Northumberland County Area Agency on Aging Conference Room, 322 N 2nd St, Sunbury, PA 17801**Date:** October 11, 2017**Time:** 7:45 AM – 9:00 AM**Contact:** Melissa Bottorf, Lead Link Coordinator, E-mail – mbottorf2016@gmail.com, Phone – 570-428-3521**Snyder County****Event:** \$cam Jam – Consumer Protection Event**Description:** Learn how to avoid financial and investment scams targeting seniors at the \$cam Jam organized through the PA Dept of Banking and Securities' Investor Education & Consumer Outreach Office, PA Link and UDS Foundation. The event will feature free Investment Fraud Bingo and prizes; speakers from PA Office of Attorney General and the Snyder County DA.**Location:** Beaver Springs Senior Center, 55 Elm Street, Beaver Springs, PA 17812**Date:** October 24, 2017**Time:** 10:00 AM – 1:00 PM**Contact:** Melissa Bottorf, Lead Link CoordinatorE-mail – mbottorf2016@gmail.com

Phone – 570-428-3521

Registration Deadline: RSVP to 1-888-837-4235 by October 22, 2017

Bedford County

Event: Emergency Preparedness Training

Description: This is a free training for the public and human service professionals. The training will provide information on how to prepare for a disaster or emergency. Presenters for this training include Bedford County Department of Emergency Services, Pennsylvania State Police, American Red Cross and more

Location: Bedford Elks Country Club: 937 S. Richard Street, Bedford, PA

Date: Thursday, November 2, 2017

Time: 9am-3pm (Registration begins at 8:30am)

Contact: Michelle Younkin: palinkcoordinator6@gmail.com or 814-233-9206

Bedford/Huntington/Fulton County

Event: Methamphetamine Training

Description: This is a free training for Human Service professionals that will focus on situational awareness. Brandon Pfister, Wildlife Conservation Officer, will present on how to spot methamphetamine labs inside of homes, what to look for, and other useful information on the drug.

Location: Holiday Inn Express: 16503 Lincoln Hwy, Breezewood, PA

Date: Tuesday, October 31, 2017

Time: 11:30am-4pm

Contact: Michelle Younkin: palinkcoordinator6@gmail.com or 814-233-9206

Announcements

New Pennsylvania Living Independence for the Elderly (LIFE) Website

2017 marks the 20th anniversary of the LIFE program in Pennsylvania. The Pennsylvania LIFE Provider Alliance (PALPA) is celebrating the program's longevity and success with [a new website](#) that offers unprecedented detail about what the program is, what it offers, how it works, and why it can make a critical difference for those it serves.

Save the Date! V.O.I.C.E. – 13th Annual ACCORD

Please join V.O.I.C.E. - Voice of Inspired Change for Elders (formerly known as PA Culture Change Coalition) at our signature event- the 13th annual ACCORD being held at The Desmond Hotel in Malvern (Valley Forge/King of Prussia area) on November 13-14 (13th is a pre-intensive for administrators and executive staff) The keynote speaker is Geriatrician and Author Dr. Al Powers. VOICE is a nonprofit organization dedicated to empowering older adults and their care partners throughout Pennsylvania to make informed choices wherever they call home—whether that be in the home they've lived in for years, a retirement/life plan community, an affordable housing community, an assisted living or personal care community, or a nursing home. Visit www.voicepa.org for more information.