September 2, 2016

Message from the Secretary

During the course of the past few months, and in particular the past several weeks, I have used the Friday Wrap-Up as an opportunity to invite and encourage you to participate in the 2016 National Adult Protective Services Association Conference. Well, the conference was held this past Monday, Tuesday, and Wednesday at the Loews Hotel, Philadelphia. For those who were able to take advantage of the opportunity to join us, please know of our gratitude for your support and our recognition that you were among the roughly 650 conference participants who were exposed to an incredible array of professional presenters committed to ensuring that the NAPSA values of sharing information, solving problems, and improving the quality of services for victims of elder abuse and vulnerable mistreatment were at the core of every presentation. To be certain, Pennsylvania’s opportunity to host the 2016 NAPSA Conference was providential as Governor Wolf has made it a priority of his administration to ensure that our most vulnerable residents remain active, engaged, and protected from all forms of abuse, neglect and exploitation.

The conference also provided us with the opportunity to begin a new tradition whereby we presented the first Secretary’s Award for Excellence in Protective Services during the NAPSA Annual Awards Luncheon to Patrick Buday, who serves as a protective services investigator with the Montgomery County Area Agency on Aging. Patrick has worked at his local AAA for ten years. He is a registered nurse who now uses his analytical and people helping skills in service to vulnerable seniors in his community as he upholds the Older Adult Protective Services Act. While I tip my hat to Patrick on his well-deserved award, I am also deeply grateful to the many Department of Aging staff who assisted with a variety of tasks ensuring that the NAPSA Conference was successful. To Dan Smedley, my Executive Assistant, who served as the Conference Chairperson, Denise Getgen, our Director of Protective Services, and our entire Protective Services staff, Donna Wolgemuth, Erin Walters, Stephanie Gaul, Sheri McQuown, Peter Hans, Montrell Fletcher, and Laura Deitz who ensured that each presenter and every session went off without a hitch, I am eternally grateful for their outstanding efforts to provide a hospitable, learning-friendly environment for all who journeyed to Pennsylvania to participate. It was indeed an amazing three days, filled with a palpable energy of those who are willing to acknowledge elder abuse exists, stop it when they see it, and listen to those who speak out against it. Elder abuse is a global health problem, and a community health issue. I look forward to continuing to working with you as, together, we raise the profile of this work and the importance of what we do. Our vulnerable adults and older Americans are depending on us.

During my time in Philadelphia, I was also pleased to connect with John Wagner, Deputy Secretary and Chief Executive Officer for Catholic Health Services of the Archdiocese of Philadelphia, who afforded me the chance to visit the Norris Square Senior Community Center where I met an amazing group of leaders, including Bethzaida Butler (Senior Center Manager), Santos Sanchez (Maintenance), Carmen Aviles (Kitchen Manager), and David Beebee (Facilities Director), along with Shirley Weaver, Director of Community Based Services for Seniors for the Archdiocese of Philadelphia. This multi-cultural center was filled with energy, enthusiasm and life; and their willingness to support one another, and the center participants, was evident. Connected to the center is Norris Square Senior Housing, where we met Iris Sanchez, Property Manager, who
shared with us the challenges she faces and blessings she witnesses as she helps many seniors transition from no housing or inadequate housing to Norris Square. We also visited St. Francis Villa, a brand new $12.3 million dollar senior housing project developed by Catholic Health Care Services in partnership with Regional Housing Legal Services, which offers 40 new units of rental housing for seniors in the East Kensington neighborhood of Philadelphia. Heather Huot, Asset Manager for Catholic Health Care Services, walked us through the site which includes community rooms, laundry facilities and an outdoor gardening area. It was humbling to witness their faith in action during each site visited as each setting was senior-friendly and embraced the diversity of the neighborhood. Another hat tip to John Wagner, Shirley Weaver and all who work most closely with them to ensure that older Pennsylvanians who call Philadelphia “home” can age in place with the dignity and respect they deserve.

Teresa Osborne
Secretary

Legislative Update

The General Assembly is currently in recess. The House returns on Monday, September 19; the Senate returns on Monday, September 26.

Ombudsman Update

Long-Term Care Ombudsman Assistant Ombudsman Training

This training is provided for Area Agency on Aging staff and volunteers who will be providing Ombudsman services within the State Long-Term Care Ombudsman Program. In order to enroll in the Assistant Ombudsman training, participants must have completed the following pre-requisites: (1) Ombudsman Standardized Orientation and (2) a facility visit with a certified ombudsman.

September 2016 Dates & Locations:

- September 8 – Union/Snyder Government Center, 155 N. 15th Street, Lewisburg, PA 17837
- September 27 – Somerset AAA, Somerset, 1338 S. Edgewood Avenue, Somerset, PA 15501

Time: 8:30 a.m. – 4:30 p.m. (registration opens at 8:00 am).

Cost: There is no charge for this training, but pre-registration is required. Should you need to cancel, please do so promptly to allow other potential participants to register and to assure that we have an accurate count for breaks and meals.

Important Information: Registration information is available here. Registration deadline is two weeks prior to the scheduled session. There is no charge for cancellations made up to five business days before each session. Cancellations received after the five business day deadline and registered no shows will be billed. Questions? Contact Bonnie Bender or Nancy Orlowski at (717) 541-4214 or bonnie@ltltrainingpa.org or nancy@ltltrainingpa.org.
**Bureau of Aging Services**

**Human Diversity and Cultural Competency Online Course**
A training course on understanding diversity and cultural competence is available on the Long Term Living Training Institute’s (LTLTI) website. As Pennsylvania becomes more diverse, learning and understanding about human diversity and cultural competence can assist staff in delivering services to older adults in a culturally sensitive manner. The training course was developed in partnership with the department’s Cultural Diversity Advisory Council and is recommended for AAA directors and staff, senior community center directors/managers, services and support providers, and individuals who administer and provide services to older adults. The course consists of four interactive units. Each unit is composed of shorter modules that are between 15 and 30 minutes in length.

**Education and Outreach Office**

**APPRISE – Medicare Coverage While Traveling**
All your bags are packed and you are ready to go on vacation, but do you know whether your current Medicare coverage will take care of you if you need it while you are away? Your coverage when you travel will depend on where you travel and what type of Medicare coverage you have.

If you have Original Medicare you can travel anywhere in the United States and its territories and get the care you need from any doctor or hospital that accepts Medicare. Original Medicare does not cover care outside of the country except for limited circumstances. One circumstance would be that Medicare will pay for medical care you get on a cruise ship if you get care while the ship is in U.S. territorial waters. Some Medigap plans provide coverage for foreign travel. If you have a Medigap policy, check your policy to see if foreign travel is included.

If you have a Medicare Advantage plan, you need to see providers that are within your network. There are some plans, such as PPOs, that will still provide coverage if you go outside of your network (but you more than likely will pay higher copays or a deductible). Before you travel, check to see whether there are providers in your network where you are vacationing. Medicare Advantage plans will cover you if the care you need is an emergency or urgent care, regardless of whether or not the provider is in your network. Some Medicare Advantage plans may cover emergency care if you travel outside of the country; you will need to check with your plan to see.

If you need assistance in determining whether your current Medicare coverage will take care of you while you are away, call your local APPRISE Program by contacting your local Area Agency on Aging. The toll-free APPRISE Helpline is available at 1-800-783-7067 and all services are free and confidential.

**Health & Wellness**
Health & Wellness Programs focus on health promotion and disease prevention activities for older Pennsylvanians with a special focus on health risk screening, nutrition, chronic conditions, fall risk, exercise, and strengthening to prevent fall-related injury, monitoring behavioral health, and managing medications. Please see upcoming wellness workshops below:

**Berks – Healthy Steps in Motion (exercise classes for strength & balance)**
Ongoing classes at the following centers:
- Village Library, Morgantown – Mondays at 9:00 a.m.
- Zion Lutheran Church, Womelsdorf – Mondays at 1:00 p.m.
- St. Mary’s Catholic Church, Hamburg – Mondays and Thursdays at 9:30 a.m.
- Wyomissing Church of the Brethren, Wyomissing – Mondays and Thursdays at 9:00 a.m.
Grace Alsace UCC, Kutztown Rd, Reading – Tuesdays at 10:00 a.m.  
Please contact: Ann Bartlett at 610-478-6500  
No charge for this class.

**Clearfield** – Healthy Steps in Motion (exercise classes for strength & balance)  
Ongoing classes; all activities are posted [here](#).  
Mahaffey Center for Active Living  
958 Market Street  
Mahaffey, PA 15757  
Schedule: Mondays and Thursdays at 10:30 a.m.

Coalport Center for Active Living  
851 Rear Main Street  
Glendale Medical Center Complex  
Coalport, PA 16627  
Schedule: Tuesdays and Thursdays at 10:30 a.m. – 11:30 a.m.

Clearfield Center for Active Living  
116 South 2nd Street  
Clearfield, PA 16830  
Schedule: Thursdays at 10:00 a.m. – 10:30 a.m.

**Fayette** – Chronic Disease Self-Management (education on living a healthier life)  
Center on the Hill  
100 Summit Road  
Belle Vernon, PA 15012  
Schedule: Wednesdays, August 23 through September 27, 2016  
9:30 a.m. – 12:00 p.m. each day  
Please contact: Patti Mounts, PrimeTime Health Coordinator @ 724-228-7080  
No charge.

**Lackawanna** – 10-Keys to Healthy Aging (education on taking control of your health and Medicare Preventative Services)  
West Side Active Older Adult Center  
1004 Jackson St.  
Scranton, PA 18504  
Dates: Sept. 28, Oct. 5, 12, 19, and 26, 2016  
Time: 10:30 a.m.  
Contact: Nancy Brown at 570-961-1592, ext 101

Carbondale Active Older Adult Center  
66 N. Church St.  
Carbondale, PA 18407  
Time: 10:00 a.m.  
Contact: Nancy Brown at 570-282-6167

**Lackawanna** – Healthy Steps for Older Adults (fall risk screening & education)  
First United Presbyterian Church of Lackawanna Valley  
1557 Main Street  
Peckville, PA 18452
Dates: September 15, 2016, and September 22, 2016
Time: 1:00 p.m. – 3:00 p.m.
Contact: Rev. Virginia Miner at 570-489-4682

Veterans Drive Housing
Veterans Drive
Dickson City, PA 18519
Dates: Oct. 18, 2016 and October 20, 2016
Time: 1:00 p.m. – 3:00 p.m.
Contact: George Daquino at 570-383-2426

Mercer – Chronic Disease Self-Management (education on living a healthier life)
Shenango Valley Senior Center
220 North Buhl Farm Drive
Hermitage, PA 16148
Date: September 8, 2016 – October 13, 2016
Time: 1:00 p.m. – 3:30 p.m.
Please contact: Kim Glatfelter, at 724-981-7950
No charge for this class.

Montgomery – Chronic Disease Self-Management (education on living a healthier life)
Generations of Indian Valley
259 N Second Street
Souderton, PA 18964
Date: August 3, 2016 – September 7, 2016
Time: 11:00 a.m. – 1:30 p.m.
Please contact: Amy Stover, at 215-723-5841
No charge for this class.

Perry – Healthy Steps in Motion (exercise classes for strength & balance)
Marysville Sr. Center
198 Leonard Street
Marysville, PA 17053
Date: Tuesdays and Thursdays
Time: please call for time
Please contact: 717-582-5128
No charge for this class

PA Link to Aging and Disability Resources

Centre County
Event: Caregiving in the LGBT Community
Description: SAGE’s National Resource Center on LGBT Aging in collaboration with AARP and PA Link is offering a training for professionals. Learn how caregiving for an LGBT older adult differs from caregiving for their heterosexual peers and best practices, policy and practice areas for increasing inclusiveness and safety for LGBT older adults and their caregivers. Social Worker CEUs pending.
Location: Health South Nittany Valley, 550 West College Avenue, Pleasant Gap, PA 16823
Date: October 6, 2016
Time: 8:30 a.m.; registration 9:00 a.m. to 2:00 p.m. (includes lunch)
Contact: Melissa Bottorf, Lead Link Coordinator
Online Registration – https://aarp.cvent.com/AARPPALGBTCaregiving100616
E-mail – mbottorf2016@gmail.com
Phone – 570-428-3521

Registration Deadline: October 1, 2016; registration limited to 35 participants.

**Carbon County**
**Event:** The ABCs of Medicare Seminar/ Link Meeting
**Description:** The Carbon County Area on Aging will be presenting a training on Medicare, at the ADRC networking/training meeting. The training is designed for Social Workers, Case Managers and Providers to have a better understanding of the different aspects of Medicare planning and the various plans available.
**Location:** Mahoning Valley Nursing and Rehabilitation Center
**Date:** September 27, 2016
**Time:** 9:30 a.m. to 11:30 a.m.
**Contact:** Julie Mann
  
  E-mail – ccaging14@ptd.net
**Registration Deadline:** September 22, 2016

**Lancaster County**
**Event:** continuing the conversations – A Death Café
**Description:** Join a couple dozen others at an afternoon of exploration and discussion about the topic that’s so tough to address. We’re having our second Lancaster County Death Café, a collaborative initiative of the Pennsylvania Link to Aging and Disability Resources Lancaster County partners’ network and the Manheim Township Public Library. Free to attend. More information is available [here](#).
**Location:** The Manheim Township Public Library, 595 Granite Run Drive, Lancaster, PA 17601.
**Date:** September 10
**Time:** 1:00 pm to 4:00 pm.
**Contact:**
  
  Phone: 717-380-9714
  Email: billlink@mail.com
**Registration Deadline:** Attendance is limited to 24; registration is required. Please let us know if you require accommodation.

**Lebanon County**
**Event:** Well Lebanon Educational Event: From Farm to Table – Cruciferous vegetables for cancer prevention.
**Description:** Join Trevor Sipe, executive chef at WellSpan Good Samaritan Hospital as he teaches participants basic nutrition principles and how to incorporate cruciferous vegetables into daily meal planning.
**Location:** Lebanon Valley Family YMCA, Youth Center, 2nd Floor, 201 North 7th Street, Lebanon, PA 17046.
**Date:** September 1 | 6:30 to 7:30 pm.
**Contact:** Community Wellness at 717-270-7764
**Registration Deadline:** Registration is required for this free event. Please call to reserve your seat.

**Event:** QPR Suicide Prevention
**Description:** This training will teach you how to recognize the warning signs of a suicide crisis and how to refer someone for help. Free to attend, though seating is limited.
Location: Lebanon County MH / ID /EI, 2nd Floor Conference Room, 220 East Lehman Street, Lebanon, PA.
Date: September 7
Time: 1:00 pm to 4:00 pm.
Contact: Tamara Keppley
    Phone: 717.274.3415
    Email: tkeppley@lebcnty.org
Registration Deadline: Registration is required; seating is limited.

Event: Generation Dance weekly dance classes (begin) for persons with a disability
Description: Generation Dance in Myerstown is starting a dance class for individuals who have a disability which would prevent them from being successful in a “typical” dance class. We are in the beginning stages of exploring this opportunity and are very excited to be able to reach out to you through Lebanon County Special Olympics. $5 a week
Location: Lebanon County MH / ID /EI, 2nd Floor Conference Room, 220 East Lehman Street, Lebanon, PA.
Date: September 8
Time: 6:30 p.m.
Contact: Michele Auman Tamara
    Email: generation_dance@yahoo.com

Event: VA Mental Health Summit at VAMC – Lebanon
Description: The purpose of the Mental Health Summit is to enhance the mental health and well-being of Veterans and their family members through increased collaboration between the VA and the community. The goal is to engage in active dialogue on how we as a community can address the mental health needs of Veterans and their families.
Location: Lebanon VA Medical Center, 1700 South Lincoln Avenue, Lebanon, PA.
Date: September 9
Time: 8:00 a.m. to 3:00 p.m.
Contact: Stacy Piere
    Phone: 717-272-6621, ext. 4373
    Email: stacy.pierre@va.gov
Registration Deadline: Registration is required; seating is limited.

Event: continuing the conversations – Lebanon County’s second Death Café.
Description: Join a couple dozen others at an afternoon of exploration and discussion about the topic that’s so tough to address. We’re having our second Lancaster County Death Café, a collaborative initiative of the Pennsylvania Link to Aging and Disability Resources Lebanon County partners’ network and the Lebanon Community Library. Free to attend. More information is available here.
Location: Lebanon Community Library, 125 North 7th Street, Lebanon, PA 17046.
Date: September 13
Time: 5:30 p.m. to 7:30 p.m.
Contact: Phone: 717-380-9714
    Email: blllink@mail.com
Registration Deadline: Attendance is limited; registration is required. Please let us know if you require accommodation.

Lehigh/Northampton Counties
Event: PHFA and Affordable Housing
Description: Alicia Spencer from PHFA will be providing an overview of the PA Housing Finance Agency with special emphasis on locating an affordable apartment.
Location: Sacred Heart Senior Living, 4851 Saucon Creek Road, Center Valley, PA
Date: September 21, 2016
Time: 9:30 a.m. to 11:00 a.m.
Contact: Kim Melusky
   Email – KimberlyMelusky@lehighcounty.org
   Phone – (610) 782-3096
Registration Deadline: September 19, 2016

Schuylkill County
Event: Schuylkill PA Link Partner Meeting
Description: Join PA Link to meet other like-minded professionals who are working to help local seniors and individuals with disabilities. Guest speakers will be Georgene Fedoriska, Director of Schuylkill County Office of Senior Services and Denise Corcoran, Executive Director of ARCIL.
Location: Providence Place, 2200 1st Avenue, Pottsville, PA 17901
Date: September 8, 2016
Time: 9:30 a.m. to 10:30 a.m.
Contact: Melissa Bottorf, Lead Link Coordinator
   E-mail – mbottorf2016@gmail.com
   Phone – 570-428-3521
Registration Deadline: September 7, 2016

Announcements
Suicide Prevention Awareness Day
September 28 – Harrisburg, PA
September is Suicide Prevention Awareness Month. Please join the Adult/Older Adult Suicide Prevention Coalition (AOASPC) on Wednesday, September 28, from 10:00 a.m. to noon for Suicide Prevention Awareness Day at the Capitol. The event will feature speakers, information and resources to help raise awareness and offer hope. For more information, please visit www.preventsuicidepa.org.
AOASPC is a resource, not a helpline or counseling center. If you are in crisis, please call 1-800-273-TALK (8255).

Disability Employment Outreach Day: October 21 – Harrisburg, PA
In recognition of National Disability Employment Awareness Month, the Pennsylvania State Civil Service Commission is proud to partner once again with the Governor’s Cabinet for People with Disabilities and the Office of Administration to provide our fourth annual “Disability Employment Outreach Day” to guide individuals with disabilities in their search for Commonwealth employment. Mark your calendars and plan to attend on Friday, October 21, 2016, at the Pennsylvania Fish and Boat Commission Headquarters, 1601 Elmerton Avenue, Harrisburg, Pennsylvania. Join us for employment presentations at 9:00 a.m. or 1:00 p.m. The same information will be offered at each session, so please choose the one that best suits your schedule. This is an informational event only. No interviews or hiring will take place. Attendees will learn about the Civil Service application, testing, and hiring processes, and other available accommodations and services. Recruitment specialists will also be available following each presentation to give personalized assistance to individuals who are interested in learning more about specific employment opportunities for which they may qualify. Individuals who would like this service should bring an up-to-date resume. Representatives from the Pennsylvania Office of
Vocational Rehabilitation (OVR) will also be on site. OVR’s mission is to help Pennsylvanians with disabilities find and maintain employment.

All individuals with disabilities are welcome to participate. Please contact the Pennsylvania State Civil Service Commission at (717) 214-4933 by October 7 to request accommodations for this event.

7 Week Online Peer Support Group for Caregivers offered by the Copeland Center Begins in November

Giving care and support to a loved one can be very rewarding; yet it can also be challenging. Many caregivers are attempting to balance taking care of a loved one while working, taking care of household needs, and/or paying attention to other family members. This 7-week peer support group will offer a safe environment to focus on YOU. During the first session, we, as a group, are going to explore a new way of looking at ‘caregiving’ in terms of giving and receiving support. We will have the opportunity to share our challenges, but just as importantly learn (from each other) coping strategies and skills to stay as well as possible. We will meet once a week for a live session online for 7 weeks. Each session is 2½ hours in duration with optional opportunities to ‘chat’ with the facilitator throughout the week. More information is available here.

stARTSomething Arts in Education

Northeastern Senior Center has been awarded a complimentary 20-day residence with a rostered teaching artist. The residency was presented by stARTSomething Arts in Education through a grant by the Embracing Aging Initiative of the York County Community Foundation.

Call the Northeastern Senior Center at 717-266-1400 to participate in this exciting new. These Creative Aging programs will be held Mondays and Thursdays from 11:30 a.m. (for lunch) followed by classes 12:00 p.m. to 1:30 p.m. beginning September 12 thru October 31 (no class on Monday, October 10 – Columbus Day).

Meals on Wheels of Pennsylvania Conference

October 5, 2016 – State College, PA

This year’s theme is: Positioning and Retooling Meals on Wheels Programs for Emerging Trends in Health Care Download the conference brochure! Learn how you can retool your meal program to become a Nutritional Support Model. Listen and learn from Kim Delp, RN BSN, Senior Director of Home-Based Community Services for Landmark Home Healthcare, Inc. Robert Herbolsheimer, Executive Vice President, Healthcare Integration for Meals on Wheels America will provide us with information on ensuring meals on wheels has a role with managed care! For more information, please contact Pam Bechtel at 610-398-9205 or pbechtel@mealsonwheelslc.org.

William Penn Fellowship Program

The Governor’s Office of Administration officially launched The William Penn Fellowship program. The fellowship is designed to attract graduate-level candidates into state government to work on projects relating to the Governor’s priorities of Schools that Teach, Jobs that Pay, and Government that Works.

As a reminder, the fellowships are two-year positions open to individuals with master’s-level and above degrees funded by the Office of Administration. Candidates will start in summer 2017 and, following a 3 month orientation in GO-TIME, be assigned to agencies for their fellowships. The application period for candidates is August 1 to October 28, 2016. A selection committee is currently finalizing the agency fellowship projects.
Please spread the word about the fellowship and encourage potential candidates to apply. More information can be found here.

The William Penn Fellowship will help position the commonwealth as an outlet for talented, enthusiastic graduate students interested in public service, help gain fresh perspectives to solve problems in state government and assist agencies on their mission to serve the citizens. Please direct any questions to Shelly Forte, Special Assistant for Enterprise Recruitment, at micforte@pa.gov.

**Property Tax/Rent Rebate Program Application Deadline Extended**
The Property Tax/Rent Rebate program deadline for older adults and residents with disabilities to apply for rebates of rent and property taxes paid in 2015 has been extended from June 30 to December 31, 2016. The rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is $35,000 a year for homeowners and $15,000 annually for renters, and half of Social Security income is excluded. Applicants may obtain Property Tax/Rent Rebate claim forms (PA-1000) and related information online at [www.revenue.pa.gov](http://www.revenue.pa.gov) or by calling, toll-free, 1-888-222-9190. For the full press release, click here.

**Senior Community Center On-line Training Available**
PDA through the Long Term Living Training Institute (LTLTI) is pleased to make available two on-line senior community center (SCC) trainings geared for SCC managers and staff. Each session includes a video training session and resource file including presentation slides and training materials:

- **How to Ignite Positive Word of Mouth Marketing by Mapping your Service Experience** – presented by Tobi Johnson, MA, CVA – “Customer service” is well-charted territory in the business world but how can it be effectively translated to the social sector. This training maps and analyzes your senior community center current service practices and pinpoints areas that require attention. Learn how to map the journey of the people you assist at the center, from the time they first hear about your services all the way through to the enthusiastic recommendations they make about your center to others.

- **Grant Writing from A - Z** – presented by Lisa Davis, MPH, PA Office of Rural Health – Writing a successful proposal is based on knowing where to find funding that supports the vision of the organization and submitting a winning proposal. During this hands-on training, participants will gain skills and learn tips for writing a strong application, developing a budget and evaluating funding options.

The training videos and accompanying resource files are available here and following the path: Course Catalog > Senior Community Centers (SCC) > Senior Community Centers (SCC) Training

**PA Association of Senior Centers Annual Conference – October 5-7 in State College**
The Pennsylvania Association of Senior Centers (PASC) Annual Conference will be held October 5-7 at the Nittany Lion Inn in State College, PA. This year’s theme is “Take This Job and Love It.” Sessions will include: Key Ingredients to Loving Your Job, Safe and Effective Ways to Keep Elders Active, Mindful Meditation, Using Music to Maintain Social Connections, Reducing Anxiety, and Creative Expression, Senior Center Problem Solving Roundtables, ALICE (Alert, Lockdown, Inform, Counter, Evacuate) training which teaches how to handle threats, and LGBT Aging in a Changing World. The Pre-Conference Workshop will address destructive pet peeves in the workplace and how to avoid them.
Hotel Reservations can be made starting now by calling the Nittany Lion Inn at 1-800-233-7505. Hotel rates are $130 per night plus 8.5% occupancy tax. The reservation code for the group is PAAJ16A. Rooms will be held until Sept. 15, 2016. The conference brochure will be available shortly on www.pascpulse.org. Watch for an email when it will be available.

In the News

Pa. picks three firms to manage Medicaid benefits for elderly and disabled

Last Chance for Senior Farmers Market Nutrition Vouchers

** If you have something you wish to include, please contact us at ra-agingpress@pa.gov.